



Gene Brown, Jackie Greensage & Dorothy Ham checking quilts during Blow-Out week.

**Please see Bulletin Board for
May Birthdays**

Get Well Cards

Helen Meyer - Ron Jansen

Sympathy To:

The Family of Helen Morris
The Family of Elsie Johnson

Food Drive: The area food banks are short many items and have a large demand. Bring your non-perishable items to the Center and leave with the feeling that you helped someone in need get through a rough time in their lives.

Veterans: The Denton County Veteran Services Offices are in the Government Building at 6301 Main Street each Friday from 8:00am to 10:00am. All services are free to Veterans.

SPAN: Call SPAN at 972-624-2247 at least 24 hours in advance for daily lunches at The Colony Community Center or meals delivered to home-bound seniors. Must be registered with SPAN.

Discount Corner

This months picks: Belk's 15% off first Tuesday of every month. Kroger 10% off in The Colony with card. Everyday:McDonald's discounts on coffee and Wendy's 10% off (55+). Know any others? Let us know, we'll publish.

The Colony Community Center
5151 N. Colony Blvd.
The Colony, TX 75056
972-624-2246

Community Center Membership

The Colony Community Center is a membership facility. You must have a Facility Use Pass to participate in Community Center activities.

Resident	\$10
Resident/Fitness 55+	\$15
Non-Resident	\$18
Non-Resident/Fitness 55+	\$25
Non-Member Daily Rate	\$2

Day Trips and Tours

You must have a current membership pass to register for any trip or tour. Reservations are only confirmed after payment has been received. All reservations are first come, first served.

Covered Dish Gatherings

2nd Friday of each month
All seniors are invited to participate in the covered dish gatherings. The only requirements are each participant must be a member and bring a dish, either purchased or homemade.

Matter of Balance Exercise — Free

Monday - Wednesday - Friday - 9:30—10:00am
Stretch, strengthen and tone muscles in this no-impact class. This ongoing class is good for arthritis or toning up anytime.

Zumba Gold

Mon. - Wed. - Fri. 1:00 – 2:00pm
\$6.00/class

Seniors Website: Visit the Community Center on the Internet at www.tcpard.com.

Texas Hold 'em Advanced Free Play

Mondays, 12:30pm– 3:00pm

**Texas Hold 'em Tournament
By Corinthians Retirement Living**

For advanced players, sign-up required
12:30pm – 3:00pm
Last Monday of the month

The Colony Community Center

May 2012



**Community Center Closed
May 28 - Memorial Day Observed**

Bingo

Friday	May 4	6:30pm
Thursday	May 10	10:00am
Friday	May 18	6:30pm
Thursday	May 24	10:00am

The Colony Fire Department

Free Blood Pressure and Glucose Testing
Tuesday, May 1, at 10:00am

POPS CONCERT - Sunday, May 6, 12:45 - 5:30
\$10. It's the Richardson Community Band at the Eisemann Center.

Care Giver Support Group

Monday, May 7, 10:00am - 11:00am
Caring for a loved one with chronic illness of Alzheimer's is stressful. Connect with others who understand the challenges. Care giving for your loved one is available during the support group. Sponsored by Silverado At Home.

Choctaw Casino Trip—\$3

Wednesday, May 16, 8:00am—6:00pm
Register by May 9, for free perks.

AARP Defensive Driving Course

Wed., May 30, 2012
12:30 – 4:30pm
This defensive driving class may be used to lower your insurance rates. \$12 per person for AARP members, \$14 for non-members. Not good for ticket dismissal. Pay instructor at class.

Health & Info Fair - FREE!

Friday, May 18, 8:00am - 12:00pm
30+ vendors will provide screenings, information, handouts and door prizes. All area seniors 50+ are invited. Bring a non-member guest and receive an extra door prize ticket.

RoughRiders - May 31, Bus leaves 6:00pm

Chair Volleyball

Mondays, 11:00am - Noon
Fridays, 11:00am - Noon
If you can sit in a chair, reach a little higher than your head, laugh and have fun. This game is for you! Played at Rec. Center across parking lot.

**Coming this Fall - Sign-up Now
Branson Show Extravaganza**

Sept. 24 - 28, 2012
\$489/person—double \$609/person—single
\$75 at sign-up per person. Final payment due 7/10/12. Enjoy 5 days, 4 nights, 7 shows, 4 breakfasts and 4 dinners. Shows include Red Skelton Tribute Show, Cassandre: Voice of an Angel, and Hooray For Hollywood. Three evening shows: The Haygoods Show, The Jim Stafford Show, The Acrobats of China, The Showboat Branson Belle, and more..



The Colony Crafters and Easter bunnies galore. Bunnies are donated to an area nursing home.